

BE AUTHENTIC

[Posted at www.loveshift.com]

So to begin, let's try to get our mind around the words, "Be Authentic." What does that really mean, "Be Authentic?" Be Real? What does that mean? Be Genuine? What does that mean? Be your True Nature. As you look at the words, "Be Authentic," you see that it is addressing the perennial question, who am I really?

The word authentic is related to the word, author, originator. Is there an original intent, purpose, an authentic purpose? Something that you were designed to originally be. "Be Authentic." I brought a seed. Look at it. What do you see? It is an acorn and all acorns are similar, they have an identity. And each one is unique. There are no two are alike. Look deeper. Is there is something embedded in the acorn? Already there? A true nature, an original intent and purpose. This acorn seed has the potential, the possibility of becoming an oak tree. It has no choice about it. It cannot be a carrot, it cannot be a tomato. It can become an oak tree. If it is in right relationship - in right relationship to the earth, air, water, and sun. And if it is not in right relationship, it eventually decays.

Now what is your authentic nature? Do you have one? If there something already written into the seed of your very being? Is there a design already given, already there, that is the essence of who you are? It is something that you have no choice about, it is given, something that you are originally supposed to become. Be authentic. Perhaps, your authentic nature is to become as loving as the system that produced you. And what does being in right relationship have to do with it? Right relationship with the earth. Right relationship with others. Right relationship to yourself. What are the consequences of not being in right relationship? We are certainly presented with an evolutionary challenge: the emergent challenge to become authentic.

By Virginia Fitton